The World Beyond Your Head On Becoming An Individual In An Age Of Distraction

Matthew B. Crawford

The world beyond your head on becoming an individual in an age of distraction is a book by Matthew B. Crawford. This book explores the ethical and practical importance of manual competence as expressed through mastery of our physical environment. It investigates the challenge of mastering one's own mind on becoming an individual in an age of distraction.

The World Beyond Your Head makes sense of an astonishing array of common experience from the frustrations of airport security to the rise of the hipster with implications for the way we raise our children the design of public spaces and democracy itself. This book is a book of urgent relevance to contemporary life.