I don't wear deodorant anymore and neither should you. First of all, I don't have to worry about deodorant lines anymore. It doesn't matter what color I wear or how thin the material is. My clothes stay clean and unstained by deodorant. I buy the crystal rock spray form and I believe it only have like 2 or 3 ingredients. It works perfectly at keeping the smell away.

Here's what happens when you don't use deodorant for a week. The week I decided to stop wearing deodorant was also the week when the high temperature for Los Angeles was 100 degrees almost every day. It was awful. Of all weeks I chose the hottest and the smelliest week to give up deodorant. The best deodorant to use to prevent wet underarms - if you don't want to go such a drastic route, take a cold shower. As it will help to lower your body temperature and stop sweat.

Dont Worry Stop Sweating use Deodorant by Richard Sandomir. Thanks for sharing you submitted the following rating and review. We'll publish them on our site once we've reviewed them. How to prevent underarm wetness without aluminum - aluminum based antiperspirants help stop sweat by temporarily blocking pores. It's effective but some research suggests that these products aren't good for the body's health. Underarm wetness is an embarrassing problem but a quick swipe of antiperspirant keeps sweat at bay.

I don't use deodorant for a time. It figures that the week I decided to stop wearing deodorant was also the week when the high temperature for Los Angeles was 100 degrees almost every day. It was awful. Of all weeks I chose the hottest and the smelliest week to give up deodorant. The best deodorant to use to prevent wet underarms - if you don't want to go such a drastic route, take a cold shower. As it will help to lower your body temperature and stop sweat. When you apply studies have shown applying your deodorant at night is more effective than in the morning.